

Newsletter from



Clubhouse Europe

Changing the World of Mental Health

WINTER 2024/25

HELLO FROM US

As one year ends and another begins, we bid farewell to 2024 and warmly welcome 2025. Thank you for your support. Together, in the spirit of our origins, "We Are Not Alone," (WANA), we can continue supporting each other and building a stronger, more inclusive European Clubhouse Community.



In this Newsletter

- Open House Weekly Chat for the European Clubhouse Community – Thursdays at 10:30 am
- Clubhouse International World Seminar: May 9–14, 2025
- European Clubhouse Conference: May 20–22, 2025
- Election of New Board for Clubhouse Europe in Spring 2025
- Strengthen Clubhouse Europe – Get Involved

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CLUBHOUSE EUROPE - MEMBERSHIP

Clubhouse Europe Membership Registration Form 2024

Become a Clubhouse Europe Member! complete the form

[Click to complete the form!](#)

Membership Payment

Membership fees are now due for 2025 to cover the period 1 January to 31st December 2025. For any queries or information contact us.
Your support is very much appreciated.

Our Mission

To promote the continuous development and dissemination of the Clubhouse Model in Europe, as defined by Clubhouse International's Standards for Clubhouse Programs.

Our Vision

To increase the opportunities for current and former users of mental health services in European countries to recover their mental health by providing the empowering and supporting communities found at Clubhouses.

Dear **European Clubhouse Community**,

As we reflect on another year of collaboration and progress, I am pleased to share some updates and exciting opportunities ahead for Clubhouse Europe. Since my election as Chairperson in March 2023, my priority has been to strengthen communication and connections among Clubhouses across Europe. Our collective voice and shared experiences are invaluable in shaping the future of the Clubhouse movement in our region.

Last year, we conducted a survey that highlighted the enthusiasm within our community—81% of respondents expressed a desire to receive more information, 69% were willing to get involved, and 23% showed interest in supporting fundraising efforts. This feedback has helped shape our initiatives, ensuring we align with the needs and aspirations of Clubhouses across Europe.

One of our key innovations has been the **Clubhouse Europe Open House**, a weekly Zoom meeting where Clubhouses can connect, share achievements, discuss challenges, and support one another. Launched during Mental Health Awareness Week in May 2024, it has since grown into a vibrant space for collaboration. In addition, we have introduced speaker events covering important topics such as the Work-Ordered Day, best practices, Clubhouse standards, and preparations for the **European Clubhouse Conference 2025**. These sessions provide an opportunity for Clubhouses to share their expertise and request discussions on topics of interest.

Looking ahead, the **Clubhouse Europe General Meeting (GM)** will take place at the end of the European Clubhouse Conference in Helsinki in May 2025. This will also mark the election of the next Board of Directors. I encourage those interested in joining the board or getting involved to reach out, ideally with the support of their Clubhouse. Your participation is vital to ensuring a strong and representative leadership for Clubhouse Europe.

Gratitude and Acknowledgment

I would also like to take this opportunity to thank everyone who has contributed to the work of Clubhouse Europe—our dedicated board members, Clubhouses, colleagues, and supporters. Your commitment, collaboration, and passion continue to drive our shared mission forward. Without your involvement, none of this would be possible.

I am very much looking forward to meeting as many of you as possible during the European Clubhouse Conference—our first in-person gathering since COVID. It will be a fantastic opportunity to reconnect, learn from one another, and celebrate the strength of our community.

I truly appreciate the dedication and passion of our European Clubhouse community. Let's continue working together to strengthen our movement and support one another!

Warm wishes,

Emily Adamberry Olivero MBE, GMD, MP^{SS}
Chairperson, Clubhouse Europe

HELLO from Clubhouse Europe

THE HISTORY

The origins of Clubhouse Europe are in a memorandum of understanding agreed in 2005 between the ICCD (International Center for Clubhouse Development, today Clubhouse International) and the Finnish state agency STAKES. The association was established in Stockholm in 2011.

The starting ideas were and still are:

- > To promote and support new Clubhouse development throughout Europe to improve the social inclusion, educational, labor market integration and participation of people with mental illness and psychosocial problems.
- > To increase opportunities of mental health service users and ex-users in European Countries to participate in the empowering and supportive Clubhouse communities.
- > To ensure that Clubhouse members are at the heart of all activities.

THE GOALS & MISSION

Our goals

- > *Make Clubhouse visible and raise awareness of the Clubhouse model among people across Europe*
- > *Facilitate and support Clubhouses to meet and help each other and accessing training for key Clubhouse Europe leaders*
- > *Promote and coordinate the European research of the Accredited Clubhouse Model and collect the results of the research for international dissemination.*
- > *Creating partnerships and participating in mental health networks*
- > *Fundraising*
- > *Strengthen and extend Clubhouse International's network and operations with European Clubhouses and other stakeholders of Clubhouse development in Europe.*
- > *Being the main partner for Clubhouse International as it concerns Clubhouse activities in Europe.*
- > *We aim to bettering the lives of people with mental illness through the Clubhouse method.*
- > *Improve the social inclusion, education and labor market integration and participation of people with mental illness in Europe*

Our Mission

- >> *The main purpose of Clubhouse Europe is to promote the continuous development and dissemination of the Evidence Based Clubhouse Model in Europe 53*
- >> *We consider Europe 53 following the definition of the World Health Organization (WHO).*



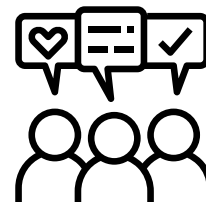
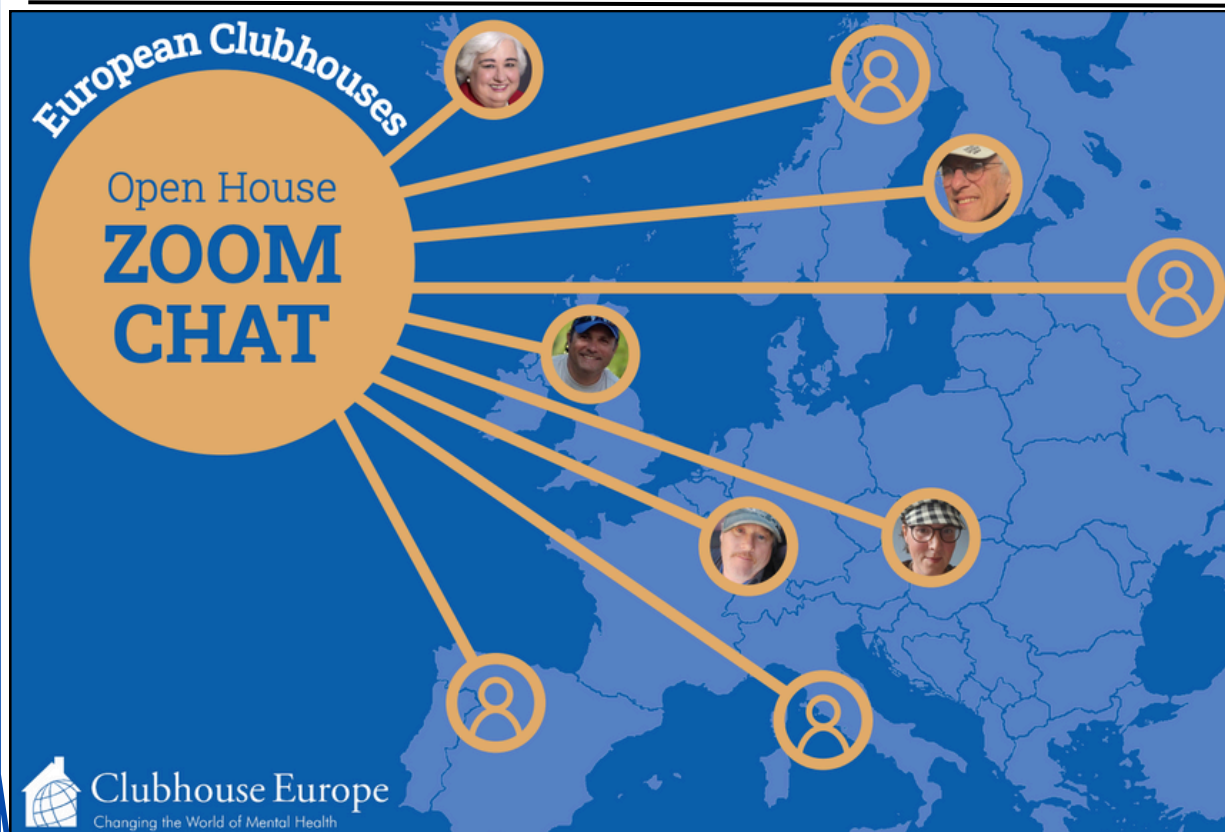
2025



Clubhouse Europe

Changing the World of Mental Health

OPEN CHAT-EVERY THURSDAY 10.30AM CET



JOIN US
Chat



Open House ZOOM CHAT

An opportunity to exchange ideas & experiences with our European Clubhouse members, staff and supporters on a weekly basis via zoom.

JOIN IN OR LISTEN IN FOR..

- Topics of Personal Interest
- Success stories & Challenges
- Spotlight on European Clubhouses, Coalitions & Countries
- Member Stories
- Speakers



Use the following Link to join in:

<https://us02web.zoom.us/j/86270900487?pwd=szIRpsUWM2BknS0uZarCOcxFQ1NkZl.1>

Meeting ID: 862 7090 0487

Passcode: 489674

**EVERY
THURSDAY
10.30AM
CET**

**Everybody is
welcome!**



Clubhouse Europe

Changing the World of Mental Health



Clubhouse Europe
Changing the World of Mental Health



IN MEMORY OF RALPH BILBY: A LIFELONG ADVOCATE FOR THE CLUBHOUSE MOVEMENT



Ralph Babbitt Bilby, who passed away on July 16, 2024, was a cherished friend and champion of the Clubhouse movement. His dedication to supporting individuals living with chronic mental illness transformed countless lives and left an enduring legacy.

After a successful career in business, Ralph's life took a meaningful turn when he joined Fountain House in New York City. There, he became a pivotal figure in advancing the "Clubhouse Model," a groundbreaking approach that empowered members to take active roles in their recovery and in the running of their community. Ralph played a key role in establishing the Transitional Employment Placement program, forging partnerships with Fortune 500 companies to provide work opportunities for members.

Ralph later joined Clubhouse International, where he worked tirelessly to establish Clubhouses around the world, promoting a societal shift in how people with mental illnesses are viewed and treated. Through accreditation and consultation, he helped expand the reach and impact of the Clubhouse Model globally. His efforts earned him widespread recognition, including the prestigious Reintegration Award from Eli Lilly & Company.

Ralph's influence was also deeply felt in Europe, particularly in Gibraltar, where he was instrumental in helping establish Clubhouse Gibraltar. In April 2011, Ralph visited Gibraltar and, together with Emily Adamberry Olivero, currently the Chairperson of Clubhouse Europe, gave a presentation to high-level government ministers. This presentation was pivotal in securing the Gibraltar government's commitment to provide premises and funding for the establishment of Clubhouse Gibraltar, which it continues to support to this day. Ralph returned to Gibraltar in April 2017 and expressed great satisfaction with the progress and development of the Clubhouse there.

Even in retirement, Ralph continued to support the movement, offering guidance and evaluations to Clubhouses striving for accreditation. His kindness, vision, and commitment inspired all who had the privilege of knowing him.

Ralph's legacy extends beyond his professional achievements. A beloved brother, uncle, and cousin, he was adored for his generosity, sense of humor, and love of storytelling. He is survived by siblings Richard Joseph Bilby, Meg Bilby Crossman, and Susan Bilby Ells, as well as many nieces, nephews, and extended family members.

Ralph Bilby's life exemplified compassion, dedication, and humanity. He will be deeply missed by his family, friends, and the global Clubhouse community.



OBITUARY

Ralph Babbitt Bilby

APRIL 10, 1945 - JULY 16, 2024





Clubhouse Europe

Changing the World of Mental Health

THE BOARD OF CLUBHOUSE EUROPE

Chair



Emily Adamberry Olivero

Member



Joel Corcoran

Vice Chair



Nina Bach

Member



Sami Ylitalo

Member



Diana Beyerlein

Member



Serge Blasberg

Member



Stuart Campbell

AT THE MOMENT NOT ACTIVE IN THE BOARD

Member



Jonah Bogle

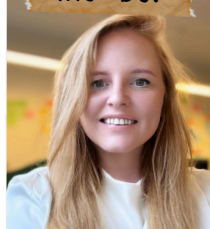
exMember



Cindy Hamersma

We want to thank Cindy for her many years of involvement in Clubhouse Europe, and wish her all the best for her new path forward

Member



Tanja Gielen

Chairperson Emeritus



Guido A. Valentini

HELP SHAPE THE FUTURE OF CLUBHOUSE EUROPE - JOIN OUR BOARD

Soon it will be time to elect a new Board, and we're excited to welcome new members to Clubhouse Europe. If you're interested in getting involved, we invite you to submit an expression of interest.

We're looking for individuals supported by their Clubhouse, with a diverse range of skills. As a volunteer-driven organization, Clubhouse Europe relies on committed people who believe in the Clubhouse model and want to help expand it across Europe.

We are particularly seeking candidates for roles such as Treasurer, Secretary, and to provide support in areas such as social media, website management, fundraising, grant writing, marketing, and communications. However, we welcome interest from anyone who believes they can contribute their expertise to help strengthen Clubhouse Europe. Feel free to suggest other areas where you can add value.

If you're passionate about making a difference and supporting the growth of Clubhouse Europe, we'd love to hear from you!

Ex Treasurer



Petra Nieuwlaant





NOTICE OF GENERAL MEETING

Notice of General Meeting

We are pleased to announce the upcoming General Meeting of Clubhouse Europe, which will take place on:

Date: **Monday 19nd May 2025**

Time: **18.00 hrs. - 20.00 hrs (EEST)**

Location: **Hotel Presidentii**, Helsinki, Finland

Following the meeting, we invite you to join us for coffee and light refreshments. Please stay and mingle!

Further details, including the agenda venue and additional instructions, will follow in due course. Please mark your calendars and stay tuned for more information.

We look forward to your participation.

Emily Adamberry Olivero MBE GMD MPsS
Chair of Clubhouse Europe

Newsletter



Clubhouse Europe
Newsletter

Read our newsletter!

[Click Here](#)



CLUBHOUSE EUROPE – ELECTION OF NEW BOARD – BOARD ROLES & SKILLS NEEDED

As a voluntary Board of Directors with no paid employees, we rely on a diversity of skills to ensure the effective functioning of Clubhouse Europe. With upcoming board elections, at our GENERAL MEETING in the EUROPEAN CLUBHOUSE CONFERENCE 2025 in Helsinki on 22nd May 2025 we are seeking individuals with expertise in the following areas:

Chairperson

- Provides leadership, chairs board meetings, and represents the organization at events and in external communications.

Vice-Chairperson

- Supports the Chairperson and steps in when needed to ensure continuity and effective governance.

Treasurer

- Oversees financial management, budgeting, and reporting, ensuring transparency and accountability.

Secretary

- Manages meeting minutes, documentation, and records, ensuring compliance with governance requirements.

Membership & Subscription Coordinator

- Maintains up-to-date records of paid-up members, issues reminders for renewals, processes payments, and follows up as needed.

Communications Officer

- Handles internal and external communications, including newsletters, social media, and public relations.

Website Content Manager

- Updates and maintains the organization's website, ensuring timely and relevant content.

Marketing & Public Relations Officer

- Promotes the organization's work through media outreach, branding, and engagement strategies.

Fundraising & Grants Coordinator

- Identifies funding opportunities, prepares grant applications, and builds relationships with donors.

(see next page for more)



CLUBHOUSE EUROPE – ELECTION OF NEW BOARD – BOARD ROLES & SKILLS NEEDED

Advocacy & Policy Officer

– Works on policy initiatives, represents the organization in advocacy efforts, and liaises with stakeholders.

Event Coordinator

– Organizes meetings, conferences, and key events, ensuring smooth logistics and participation.

Administration & Secretariat Support

– Provides general organizational support to facilitate board activities and operations.

Research & Development Coordinator

– Conducts research on best practices, gathers data on the impact of Clubhouses, and ensures that the Board's presentations are informed by evidence and existing research.

Current Board Structure & Role Flexibility

The Clubhouse Europe Board is currently composed of nine members. Given the number of board members, some roles or responsibilities may need to be combined, depending on the skills and availability of those elected. The final distribution of tasks will be considered based on the expertise and interests of board members to ensure the most effective use of our collective strengths.

Who Can Join the Board?

These positions are open to both Clubhouse members and staff, preferably from accredited Clubhouse and we are committed to having at least 3 Clubhouse members on our Board in accordance with our Statutes which reflects the values of Clubhouse. Ideally, individuals interested in joining the Clubhouse Europe Board should have the support of their own Clubhouse, ensuring strong connections to the wider Clubhouse community.

Commitment & Participation

Being a board member requires a level of commitment to actively participate in meetings and contribute to the work of Clubhouse Europe. Regular attendance at board meetings is essential to ensure effective decision-making and collaboration. We encourage individuals who are willing to engage consistently and support the organization's mission to step forward.

If you have experience or interest in any of these areas and would like to contribute to Clubhouse Europe's mission, we encourage you to get involved in the upcoming board elections!



Clubhouse Europe

Changing the World of Mental Health

2025

SAVE THE DATE!



European Clubhouse Conference Helsinki 2025

We are thrilled to announce that **European Conference** is landing in **Helsinki, Finland in May 2025, 20.-22**. Welcome to Celebrate 30 Years of Clubhouse Community in Finland with us!

The Finnish Clubhouse Coalition, in collaboration with Etelä-Suomen Klubitalot ESKOT ry, is hosting this event, with the support of Clubhouse Europe and Clubhouse International.

Venue and Accommodation

The Conference will be held at the newly renovated [Finlandia Hall](#) and the celebratory dinner at [Sokos Hotel Presidentti](#), located in the middle of the heart of Helsinki.

The Conference guests can also stay at Sokos Hotel Presidentti if they wish. Cost per night is about 190-210 €. When booking a room at the Sokos Hotel Presidentti, remember to use our code: **BEUROPEANCONFERENCE**. Please note that availability is limited, so be quick with your booking.

You are free to explore other accommodation options in Helsinki or Vantaa (e.g., Tikkurila), which offers a little bit more affordable prices with great public transport connections to Helsinki. We recommend exploring different options on [Booking.com](#).

Cost of our three-day Conference is 320 €.

Cost of the celebratory dinner at Sokos Hotel Presidentti is 80 €

Please note that accommodation is not included in the price.

Conference Highlights

This information is only a part of the entire Conference program. We reserve the right to make any changes to the program. But here is a sneak peek:

(see next page for more)

European
Clubhouse Conference
Helsinki 20.-22.5.2025

Save
the
Date

Celebrating
30 Years of Clubhouse
Community in Finland!



Clubhouse Europe
Changing the World of Mental Health



SAVE THE DATE!

Tuesday, May 20: Strong Networking

Opening speech by **Kaisa Juuso**, Finland's Minister of Social Affairs and Health.

Wellness Afternoon at Töölönlahti Bay – Choose one of the activities:

1. [Oodi, Helsinki Central Library](#). The library building in the heart of Helsinki full of culture and things to see. Possibility to explore Oodi with a guide and after that on your own.
2. Relaxation in nature and a sense path experience
3. Nordic walking and sightseeing
4. Yard games
5. Enjoy some free time

Wednesday, May 21: Knowledge Management

Wednesday's speakers will be at least:

- **Oskar Törnebladh**, Systems Expert, The Finnish Clubhouse Coalition, and
- **Sami Ylitalo**, Director of Development, ESKOT ry
- **Antti Karvanen**, Head of Digital, A-lehdet

Thursday, May 22: Equality

Our keynote speaker, **Dakota Robin**, is one of Finland's most popular and impactful voices on equality and human rights.

We're excited to share that Howspace, a Finnish learning and development platform, is a partner and sponsor of the Conference. We have been collaborating since last year, and we're thrilled to have them as our partner and sponsor.

Warmly welcome to the Conference!

-Päivi and the entire organizing team of the European Clubhouse Conference

Clubhouse Europe warmly invites you to attend the GENERAL MEETING on Thursday, 22nd May, followed by refreshments. We encourage all attendees to join this important gathering to stay engaged with our shared mission and future plans."

REGISTRATION AND INFORMATION DETAILS

CLICK HERE



ETELÄ-SUOMEN KLUBITALOT
ESKOT ry



FINNISH
**CLUBHOUSE
COALITION**



Clubhouse Europe
Changing the World of Mental Health



Clubhouse International
CELEBRATING 30 YEARS OF CHANGE





LIFE IN PICTURES

FROM CLUBHOUSE - WARSAW FOUNTAIN HOUSE - POLAND



Clubhouse members help each other by sharing their experience and knowledge. In the photo, Andrzej helps prepare Kamil for the Matura exam (Polish A-level equivalent).



Despite the frosty temperatures, winter has its beauty, and the entrance to the Warsaw Fountain House is open regardless of the season and weather.



We believe in mental health advocacy. This picture was taken after a protest against the closure of a community psychiatric facility. After months of talks, it was allowed to continue! From the left: Ula, Zosia, Olha, Filip, Maria, Kasia.



Working time in the kitchen. Karol trains and performs his work like a professional chef along with other section members. The effects are delicious!



During the Work Ordered Day, Clubhouse members work hand in hand to complete daily tasks. Organising career-oriented workshops, writing Facebook posts, and international communication are just some of them.

DO YOU WANT TO SHARE PICTURES OR A STORY FROM YOUR CLUBHOUSE? PLEASE LET US KNOW! WE WANT YOU TO SHARE. LET US GET TO KNOW EACH OTHER BY SHARING OUR LIFE IN PICTURES.

SEND YOUR STORY TO:

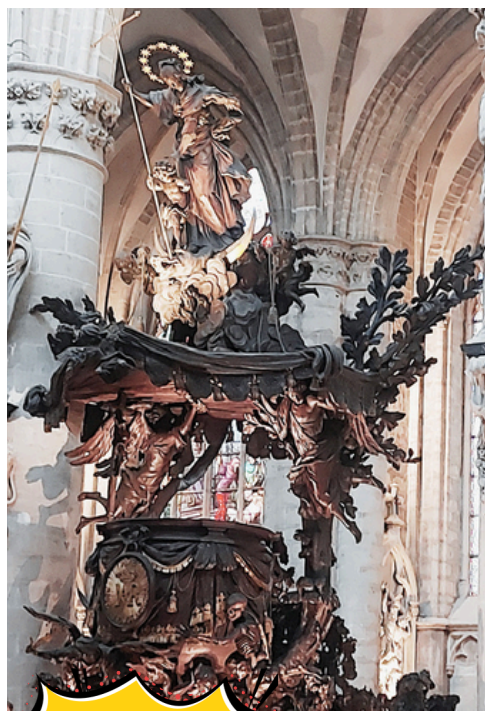
clubhouse.europe53@gmail.com





CO-CREATION TRAINING & A STUDY VISIT IN BELGIUM

AS EXPERIENCED BY STUART CAMPBELL AND FACILITATED BY MENTAL HEALTH EUROPE



Beautiful handcrafted wooden Cathedral pulpit

I recently had the privilege of participating in a co-creation training and a study visit organized by Mental Health Europe and funded by the European Community. It was an incredible experience!

On the first day I attended the co-creation training, which I thoroughly enjoyed. The walk through the park beforehand was refreshing and set the tone for the day - it truly helped me feel grounded. During the sessions, I felt completely in my element, contributing meaningfully and connecting with others. The energy in the groups was fantastic, and it was clear everyone enjoyed the collaborative process. It was such a rewarding and inspiring day!

During the co-creation training, we were organized into work groups, and I had the chance to participate in three different ones.

In Group 1, I took bullet points and later presented our findings to everyone, which felt really rewarding.

In Group 2, I focused on taking bullet points again, contributing to capturing the key insights.

In Group 3, I was part of an amazing team of five tasked with organizing a hypothetical conference for European Mental Health Awareness Week. It was such a fun and creative challenge! I made some great suggestions and worked closely with the group to reach a consensus on our ideas.

After the break, we watched a fascinating presentation over Zoom by three guest speakers. Two represented Clubhouses in Italy, Club Itaca Milano and another Group was from Ireland, while the third was a University researcher who had conducted a study on co-creation. It was an inspiring and insightful session that rounded off the training perfectly.

After another break, we gathered to take a group photo, which was a lovely way to capture the moment. Near the end of the day, we played a roleplay game that turned out to be a lot of fun. The task was for someone to "sell" co-creation to their partner. I was paired with a lady who told me upfront that she wasn't going to accept my proposals. Thinking on my feet, I suggested she pretend to be Elon Musk. It was such a surreal scenario, but I managed to sell the idea to her, and I was so happy with how it went. I even joked about it at the end of the training, and everyone had a good laugh.

All in all, it was a fantastic day. Later that evening, I went out with a guy from the training, and we had a really enjoyable night together.



“ Random Bronze chap sitting in the city! ”



CO-CREATION TRAINING & A STUDY VISIT IN BELGIUM

AS EXPERIENCED BY STUART CAMPBELL AND FACILITATED BY MENTAL HEALTH EUROPE

De Vlonder – A start up Clubhouse near Antwerp

On my second day in Belgium, I had the pleasure of visiting De Vlonder!

What is De Vlonder, you ask? Simply put, they are the first start-up Clubhouse near Antwerp, following the Clubhouse model. Soon, they'll be attending New Clubhouse training at the Mosaic Clubhouse training base in London. Their ultimate goal is to achieve accreditation status, and based on what I saw today, I'm confident they're on the right track!

The building itself is massive, beautifully decorated, and incredibly well presented. The large windows all around are stunning, flooding the space with natural light. The garden was a real highlight—it features a lovely outdoor seating area and a growing space where they cultivate their own produce and compost.



Their kitchen is ten times bigger than the one at my Clubhouse in Scotland, and they even have a bakery! They take daily takeaway orders, and I had the chance to try their food—it was absolutely delicious. They're amazing cooks and fantastic hosts, making me feel so welcome during my visit.

I also listened to their presentation, which was inspiring. Their vision for the future is clear and ambitious. With their upcoming training in London and their dedication, I truly wish them the very best of luck. I'm sure it won't be long before they achieve accreditation!





2025

Clubhouse Europe

Changing the World of Mental Health

CO-CREATION TRAINING & A STUDY VISIT IN BELGIUM

AS EXPERIENCED BY STUART CAMPBELL AND FACILITATED BY MENTAL HEALTH EUROPE

de Moester (Ghent)

On day three of my Belgium tour, I had the pleasure of visiting **De Moester**, a mental health facility similar to a Clubhouse. I was thoroughly impressed by what I saw.

The members and staff were incredibly welcoming and gave me a fantastic tour of their massive building and grounds, which even include a small farm with animals. This is just a little of what they offer, and I'll do my best to describe more for you.

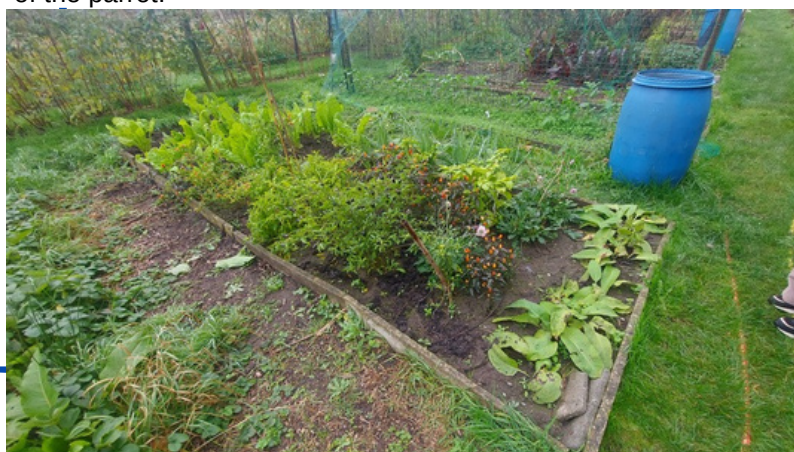
Outside, they have lovely seating areas, including a wooden canopy and several spots around the farm where you can sit and relax.

Inside, the large kitchen is impressive, but the heart of the building is undoubtedly the main seating area. Here, I was treated to an amazing traditional Flemish hotpot made with beef, bacon, and vegetables—it was absolutely delicious!

The facility also boasts a games room and a crafts room, as well as a woodworking department where they restore old furniture. On the farm, they grow produce, and members have their own individual plots to tend. They also have donkeys, goats, chickens, rabbits, and sheep, which add so much life to the space and then there are their house pets—two cats and a parrot! I wish I would have taken a photo of the parrot.



This is only a corner of the building near the back and I will try and describe more for you



I was truly moved by their hospitality and the sense of community they've created. They hope to be visiting the Clubhouse in Amsterdam, De Waterheuval, soon, where they will have the opportunity to experience a Clubhouse first hand. Before I left, I thanked them for their warmth and generosity, and I really hope they'll visit my Clubhouse in Scotland sometime soon



Clubhouse Europe
Changing the World of Mental Health



CLUBHOUSES GAIN INTERNATIONAL ATTENTION

ARTICLE CREDIT: CLUBHOUSE INTERNATIONAL

Clubhouses Gain International Attention During U.N. General Assembly Gathering

October 1, 2024

Fountain House and Clubhouse International



Photo Credit: Benoit Doppagne

Last week — as dozens of world leaders convened in New York City for the annual meeting of the U.N. General Assembly — Fountain House was proud to host Queen Mathilde of Belgium, First Lady of Estonia Sirje Karis, and representatives of the World Health Organization (WHO) over a span of two days at Fountain House's Manhattan Clubhouse.

Each guest spoke with members — all of whom live with serious mental illness — and were given a tour to see the inner workings of a Clubhouse and to learn firsthand the impact of Fountain House's pioneering Clubhouse Model. Created by and for people living with serious mental illness, Clubhouses go beyond medication and therapy to leverage the power of an intentionally designed community to help people recover from mental illness. The Clubhouse environment represents a unique, holistic, and nonclinical approach to addressing the social symptoms and repercussions of serious mental illness that cannot be managed by medication alone.

Queen Mathilde and First Lady Sirje Karis each share a distinct interest in mental health with a focus on the well-being of youth in particular. The event on September 22 — which was co-hosted alongside Clubhouse International — included a visit from Queen Mathilde and representatives from the WHO, who sat down for a conversation with members and staff in the Young Adult Connections Center (YACC), which provides support for people with serious mental illness ages 18-30. The First Lady of Estonia similarly met with members of YACC on September 23rd. During both meetings, members were given a chance to connect and share personal experiences and advice on what's needed in today's mental health care system.

Since 1948, the Clubhouse Model has significantly expanded internationally and has been replicated in nearly 40 U.S. states and in more than 30 countries around the world, which includes a Clubhouse in the city of Tallinn in Estonia. Clubhouse International is a global mental health nonprofit that helps communities around the world create sustainable solutions for mental illness. To date, Clubhouse International's network has grown to over 360 clubhouses worldwide.





CLUBHOUSES GAIN INTERNATIONAL ATTENTION

ARTICLE CREDIT: CLUBHOUSE INTERNATIONAL

"Fountain House was profoundly grateful for the opportunity to host mental health changemakers and public health experts from around the world," said **Ken Zimmerman, CEO of Fountain House**. "We thank Queen Mathilde of Belgium, First Lady of Estonia Sirje Karis, and Dévora Kestel and Eva Kiegele of the World Health Organization for meeting with our community and for their deep commitment to mental health and bettering the lives of those living with serious mental illness. The potential of Clubhouses cannot be understated: Our model is uniquely positioned to dramatically improve people's recovery and quality of life while providing tremendous economic savings and public health opportunities. We are excited by this opportunity to work together as a united front to expand global awareness of our holistic, proven approach."

"It was an honor to meet Queen Mathilde of Belgium along with Dévora Kestel and Eva Kiegele of the World Health Organization, and tour Fountain House, the original Clubhouse in Manhattan and a leader in our Clubhouse International global network of 367 Clubhouse communities," said **Joel Corcoran, CEO of Clubhouse International**. "Clubhouses are saving lives and fundamentally changing how we see and treat people with serious mental illness. We firmly believe that every single person with serious mental illness can lead a fulfilling, personally satisfying life by developing meaningful relationships, gaining access to opportunities for employment and education, and developing their talents, skills and hope for the future. This was a welcome opportunity to highlight the effectiveness and promise of the Clubhouse Model in making that a reality for more people around the world as we grow the reach and impact of our work."

"My story is living proof that the Clubhouse Model is transforming lives," said **Aida Mejia, a member of Fountain House** serving on Fountain House's Executive Committee, who also led a tour during the events. "Being in a Clubhouse helped me to succeed when traditional mental health approaches were failing to provide what I needed. At Fountain House, I was given access to housing resources and work experience while also finding purpose and a community that authentically cared about my well-being. It was an honor and privilege to have international leaders and advocates at the Clubhouse, learning more about our personal experiences. My hope is that we can continue to open more Clubhouses globally so that people can benefit from the same life-changing resources that I was given."

Fountain House

Fountain House is a national mental health nonprofit fighting to improve health, increase opportunity, and end social and economic isolation for people living with serious mental illness. Founded in 1948 in New York City, Fountain House originated the clubhouse model of community mental health that has been replicated more than 300 times in nearly 40 U.S. states and in more than 30 countries around the world.

Clubhouse International

Clubhouse International is the only global mental health nonprofit that expands and enhances recovery opportunities for people living with mental illness by integrating the proven recovery model – the Clubhouse Model of psychosocial rehabilitation – into community-based approaches worldwide. Clubhouse International's network has grown to over 360 Clubhouses in 33 countries.



Clubhouse International
CELEBRATING 30 YEARS OF CHANGE



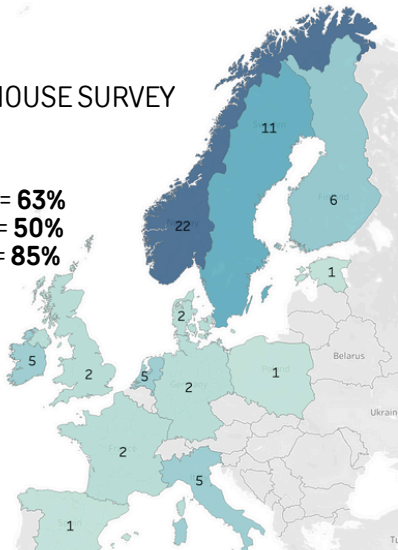


RESULTS OF CLUBHOUSE EUROPE'S CLUBHOUSE SURVEY 2023



NUMBER OF RESPONSES TO THE CLUBHOUSE SURVEY

- Number of Clubhouses Participating: 56 = **63%**
- Number of Coalitions Participating: 2 = **50%**
- Number of Countries Participating: 17 = **85%**
- Total Number of Responses: **74**



COMMUNICATION PREFERENCES

Email **99%**
Meetings **45%**

INTEREST IN RECEIVING INFORMATION

81% interested in receiving information about mental health related events, activities, or initiatives organized by either Clubhouse Europe or other Mental Health organizations of which Clubhouse Europe is an organizational member e.g. MHE, EAEA

WILLINGNESS TO CONTRIBUTE & GETTING INVOLVED: **69%**

23% INTERESTED IN ASSISTING CLUBHOUSE EUROPE WITH FUNDRAISING EFFORTS

ROLES OF RESPONDENTS TO CLUBHOUSE EUROPE SURVEY 2023

- Clubhouse Director 21 = **28%**
- Other Clubhouse Staff 18 = **24%**
- Clubhouse Group Response 18 = **24%**
- Clubhouse Member 10 = **14%**

This is an example of the collaborative nature of Clubhouses: Opinions and input are valued at all levels.

Thank You for Your Survey Participation!

Get Involved:
Communication, Coordination & Liaison

Your Feedback Matters!



NEWS FROM EUROPEAN CLUBHOUSES



KLUBBHUSET
PELAREN



Klubbhuset Pelaren has been accredited for three years, the longest type of accreditation! This means that we follow the 37 international guidelines created over the years to make the clubhouse model clear, and help clubhouses worldwide validate their operations! In our case, there was a guideline that we didn't really reach at the time of accreditation (one that deals with the number of personnel and units). We are pleased with the nice feedback we received and are constantly working to make our business even better! We follow a model we believe in and which through research and personal stories has proven to work!

FONTENEHUSET BERGEN

App development + job search = true



FONTENEHUSET BERGEN

Visste du at på Fontenehuset Bergen utvikler vi vår egen app for medlemmene våre? Vi har mange dyktige kodere på huset, og her bygger vi både egen kompetanse og portfolio via prosjekter vi utvikler in-house.

Vinn-vinn, kaller vi det!

Did you know that at Fontenehuset Bergen we develop our own app for our members? We have many skilled coders in our house, and here we build our own expertise and portfolio via projects we develop in-house.

win-win, we call it!



**FONTENEHUSET
BERGEN**

FONTENEHUSET BERGEN



NEWS FROM EUROPEAN CLUBHOUSES



Clubhouse International
CELEBRATING 30 YEARS OF CHANGE

PROMOTING EMPLOYMENT INCLUSION



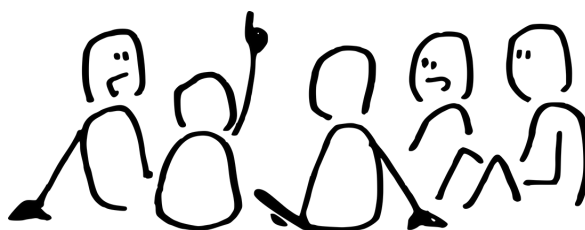
During this year's Arendalsuka, an annual political gathering in Norway, Fontenehus Norge played a pivotal role in discussions on employment inclusion.

Prime Minister, Jonas Gahr Støre, provided a shout out to the Norwegian Clubhouses and announced new government funding to establish more locations, marking a significant win for our movement.



Fontenehus Norge event, "*Solutions for Employment Inclusion*," gathered insights from employers with first-hand experience in hiring individuals with mental health challenges.

Clubhouse was repeatedly highlighted as a successful model for inclusion, with the transitional employment programs and youth initiatives gaining special recognition.



2025



Clubhouse Europe

Changing the World of Mental Health

SAVE THE DATE!!

COPENHAGEN, JUNE 23-25, 2025



Announcement: EAOF Conference 2025

We are thrilled to announce that the next **European Assertive Outreach Foundation (EAOF) Conference** will take place in Copenhagen, Denmark, from **June 23-25, 2025**.

With this year's topic on *"Closing the gap in psychiatric care for people with serious mental illness"* the Board of EAOF and the Local Organizing Committee are looking forward to see colleagues from all over the world.

Read more about the conference on www.eaof2025.dk.

Abstract submissions are open from September 1st 2024 to January 15th 2025, and registration opens on November 20th 2024.

Venue

The conference will be held at the Panum Institute, a modern and state-of-the-art university building. The Panum Institute is centrally located in Copenhagen, offering convenient access to the city's vibrant attractions and amenities.

Conference Schedule

June 23, 2025:

- **Morning & Afternoon:** Attendees will have the opportunity to visit various Danish psychiatric clinics, including OPUS clinics, F-ACT clinics, and clinics working with the homeless on the streets.
- **Evening:** A reception will be held at Copenhagen City Hall, where the famous Copenhagen pancakes will be served.

June 24-25, 2025:

- **Scientific and Practical Presentations:** The following two days will be filled with inspiring sessions, including plenary lectures, symposia, oral presentations, and poster displays at Panum Institute.

Location Highlights

- **City Lakes:** Enjoy a serene walk by the picturesque lakes situated close to the venue.
- **Fælledparken:** Explore one of Copenhagen's largest and most beautiful parks, perfect for relaxation and outdoor activities.
- **City Hall Square, Old Town, Royal Theatre and Tivoli:** Situated few kilometres from the venue.

Mark your calendars and stay tuned for more information about the event schedule, speakers, and registration details. We look forward to seeing you in Copenhagen!

[Go to website](http://www.eaof2025.dk)



DANSK PSYKIATRISK SÆLSKAB

psykiatri
fonden



7th European Conference on
Integrated Care
and Assertive Outreach



Clubhouse Europe
Changing the World of Mental Health



Clubhouse Europe

Changing the World of Mental Health

2025

CLUBHOUSE INTERNATIONAL



Clubhouse International
CELEBRATING 30 YEARS OF CHANGE

Meet the newest board member in Clubhouse International: Marina Agopome



Marina Agopome

Board Member

Marina Agopome works at The EURÊKA Foundation, the charitable foundation of the healthcare company, ARCHIMED. Their work supports vulnerable individuals affected by mental and physical health issues and funds projects focused on under-treated diseases. It also aids many Clubhouses globally.

Marina holds an MSc in International Business and has worked in Sales and Marketing across Europe. She later volunteered for NGOs in Portugal and India to make a positive impact. In 2018, Marina joined the Clubhouse Lyon in France and completed Comprehensive Clubhouse Training.

Marina joined the Board of Clubhouse International in December 2024 to give back and support the organization's strategy. She resides in Lyon, France, where she enjoys nature walks, dancing, traveling, and meditation.

Board Members



Marina Agopome
Board Member



Norma J. Arnold
Board Member, Chair of Communications
Committee



Beatrice Bergamasco
Board Member



Jeffrey Geller, M.D.
Board Member



Lorna Hyde Graev
Board Member



Vincent Guillaumot
Board Member



Jennifer Johnson-Calari
Board Member



Patrick Manasse
Board Member



Donnamarie Randolph
Board Member



A. Baker Woolworth, Jr.
Board Member

Board of Directors

Clubhouse International's Board of Directors is a diverse and skilled group responsible for overseeing the management of the organization. Our board members work closely with staff in all areas.



Clubhouse International
CELEBRATING 30 YEARS OF CHANGE



Clubhouse Europe
Changing the World of Mental Health



Clubhouse Europe

Changing the World of Mental Health

2025

WORLD SEMINAR 2025: ST.PETE BEACH, FLORIDA, USA

BREAKING NEWS



Clubhouse International
WORLD SEMINAR

2025

ST. PETE BEACH, FLORIDA, USA | MAY 9 - MAY 14, 2025

World Seminar 2024 Re-Scheduled to May 9-14, 2025

We're Changing the World of Mental Health

212.582.0343

getinvolved@clubhouse-intl.org



Clubhouse International
CELEBRATING 30 YEARS OF CHANGE



Clubhouse Europe
Changing the World of Mental Health



CLUBHOUSE EUROPE BOARD MEETING CALENDAR 2025

✓ Monday 6th January 2025 at 5pm (CET)

✓ Monday 3rd February 2025 at 5pm (CET)

Monday 3rd March 2025 at 5pm (CET)

Monday 7th April 2025 at 5pm (CEST)

Monday 5th May 2025 at 5pm (CEST)

Monday 2nd June 2025 at 5pm (CEST)

Monday 7th July 2025 at 5pm (CEST)

Monday 4th August 2025 at 5pm (CEST)

Monday 8th September 2025 at 5pm (CEST)

Monday 13th October 2025 at 5pm (CEST)

Monday 10th November 2025 at 5pm (CET)

Monday 8th December 2025 at 5pm (CET)



Clubhouse Europe

Changing the World of Mental Health

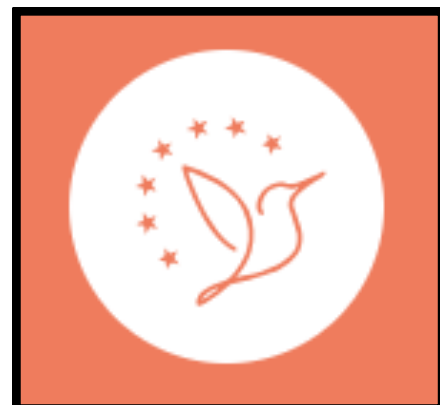
2025

EUROPEAN MENTAL HEALTH WEEK, 19-25 2025



European
Mental
Health Week

19-25
MAY 2025



About the Week

The European Mental Health Week is a pan-European initiative that aims to raise awareness about the importance of mental health in our everyday lives. Set up and run by Europe's largest independent mental health NGO Mental Health Europe, the **seventh edition of the European Mental Health Week will take place from 19 to 25 of May 2025**. More information about 2025 will be available here soon but in the meantime you can revisit the past editions on this page, and contact Mental Health Europe with any questions.

This week-long online action is a chance for everyone to exchange about all aspects of mental health, share personal stories of coping with difficulties in times of crisis and in general, and highlight the need for action.



Clubhouse Europe
Changing the World of Mental Health



Clubhouse Gibraltar

☀ Daily Self-Care for Mental Health ☀

Taking care of your mind is just as important as taking care of your body!
Here are five quick tips to boost your mental well-being:

Self Care Checklist

Check-in
with your
friends

Take a
relaxing bath
or shower

Practice
mindfulness
or
meditation
daily

Unplug from
social media
for a few
hours

Eat a warm
and healthy
meal





Clubhouse Europe

Changing the World of Mental Health

2025

LET US KNOW



Do you want to contribute with articles? Send an email to:

clubhouse.europe53@gmail.com



WANT TO SUPPORT US?

Help Clubhouse Europe Save Lives. People living with mental illness discover connection, community and purpose with Clubhouse membership. It's this sense of belonging that literally saves lives. At Clubhouse Europe, we bring community to people with mental illness – and with your gift, you do, too!

PAYMENT DATA:

- Clubhouse Europe
- IBAN: NL46 TRIO 0338 9442 73
- BIC/ SWIFT: TRIONL2U

Triodos Bank, Utrechtseweg 60 -3704 HE (zip code) – Zeist (city) – The Netherlands



Triodos Bank N.V. is a bank based in the Netherlands with branches in Belgium, Germany, United Kingdom and Spain. It claims to be a pioneer in ethical banking. Triodos Bank finances companies which it thinks add cultural value and benefit both people and the environment.

“CLUBHOUSE EUROPE MEMBERSHIP”

Want to be a member of Clubhouse Europe?
Please contact for more information
or click on this link below.



<https://clubhouse-europe.com/membership/>



Clubhouse Europe
Changing the World of Mental Health



THANK YOU FOR READING

THANK YOU FOR READING.
PLEASE KEEP IN TOUCH AND SHARE YOUR STORIES.
LET US HELP YOU SPREAD YOUR NEWS ACROSS THE EUROPEAN
CLUBHOUSE COMMUNITY
AND LET US GET TO KNOW EACH OTHER BETTER.

WE ARE NOT ALONE!



Clubhouse Europe

Changing the World of Mental Health